

Coaching Agreement

This is a good faith agreement between Lynn Motley (the Coach) and _____ (the Client). The Coach and the Client agree that they have reviewed, understand and agree to the following items:

- The ontological coaching method (OAR and BEL models)
- The nature of coaching vs. therapy, training, consulting
- Confidentiality, ethical issues, liability, conflicts of interest and referrals

We also agree that we have discussed and articulated:

- The Client's motivation for seeking coaching and the initial issues and territories for coaching (which may change over time)
- Any needs, requests or boundaries that the Client wishes to establish upfront.
- The Client's requirements for satisfaction
- The Coach's requirements for satisfaction

Lynn Motley (the Coach) agrees to:

- Be on time for all scheduled sessions
- Give 24-hour notice when rescheduling (unless an emergency arises) and provide my Client a session free of charge should this condition not be met
- Be an active, fully-present, compassionate listener during the sessions
- Elicit awareness of the Client's ontological states, as he/she experiences them
- Be supportive, yet hold the Client accountable to his/her own goals
- Coach only within the areas in which I am qualified
- Adhere to established ICF ethical guidelines

The Client _____, agrees to:

- Be on time for scheduled coaching sessions
- Give 24-hour notice when rescheduling (unless an emergency arises) and compensate my Coach for the session should this condition not be met
- Be fully responsible for any and all actions taken as a result of coaching
- Assume full responsibility for all actions taken as a result of coaching
- Actively communicate any concerns that might come up during the course of the coaching relationship

We agree that this coaching will be provided at \$_____/hour session. Payments may be made at the beginning of the contract, on a per-session or monthly basis. This agreement, and the coaching relationship itself, can be cancelled by either person at any time. When ending this relationship, the Client agrees to pay for all sessions already provided by the Coach. Our signatures indicate full understanding and agreement to the points outlined above. Any additional requirements agreed to will be indicated on page 2 of this agreement.

(...continued from page 1)

Signature _____
Client's signature Date

Signature _____
Lynn Motley Date

- o Pay per session
- o Pay for full contract at beginning
- o Pay monthly

Additions:

In addition to the points agreed on above, the Coach and the Client further agree that the following will be part of this coaching agreement:

Signature _____
Client's signature Date

Signature _____
Lynn Motley Date

